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# SURGERY MATTERS

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## News from the Surgery

At the end of January we have a new GP joining with us—Dr Elin Cox. Elin has moved to the area and has been on Maternity Leave from her previous surgery. We are pleased to welcome her to our wonderful team. Once settled in Elin will be working 4 sessions a week.

[More news....](#)

### PHARMACY ADVICE

On 20 January, NHS England and NHS Improvement launch the **Pharmacy Advice** phase of the [Help Us, Help You](#) winter activity.

The campaign encourages the public to ‘take the drama out of minor illnesses’ and use their local pharmacy as the first place to go to for clinical advice on minor health concerns such as coughs, colds, tummy troubles and aches and pains. This year the look and feel of the campaign has been updated with a dramatic eye-catching new creative – featuring TV advert, social media, out-of-home bus shelter advertising, posters and digital assets.

Research shows that 27% of general practice appointments in England could potentially be treated elsewhere and approximately **18 million of these could be treated through self-care and community pharmacies\***. This campaign seeks to address this by highlighting to the public the minor health concerns which can be treated by pharmacists.

### GET PROTECTED AGAINST MEASLES

The Measles, Mumps and Rubella (MMR) vaccination is the safest and most effective way to protect you and your family against these diseases. Full protection requires two doses. For anyone not fully immunised, a catch-up vaccination is available. Ask reception for more information.

**Don't forget to read the Cropredy Surgery Blog written by MCW on the Cropredy Surgery website**

### Easter Closure & Early Spring Bank Holiday Closure

The Surgery will be closed on:

Good Friday 10th  
April, Easter Monday  
13th April and for the  
Early Spring bank  
Holiday on Friday 8th  
May 2020 (The Early  
May Bank holiday  
has changed dates to  
mark the 75th Anni-  
versary of VE Day)

If you need urgent care when we are closed, please ring 111 or in an emergency ring 999.

DON'T FORGET TO ORGANISE YOUR REPEAT MEDICATION IN TIME FOR EASTER

### Your Data Matters to the NHS

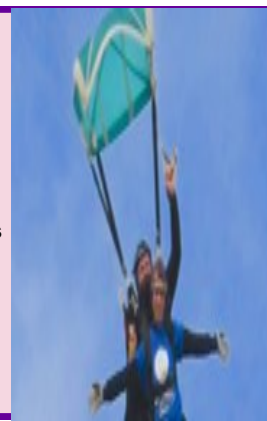
You can choose whether your confidential patient information is used for research and planning. For more information ask reception for a leaflet or

## CHARITY NEWS

Huge Thank you from Hannah Evans who completed her charity skydive and raised an amazing amount of £4,000 for Katherine House Hospice. We are immensely proud of Hannah and her daughter Robynne for raising this fantastic amount. Once again a heartfelt thank you from Hannah and Robynne.

The surgery has also raised the following funds:

- Air Ambulance—£26.91 from the collection tin in reception.
- Each year, rather than send individual Christmas Cards amongst staff we make a donation to charity. This year we raised £15 for the Beacon Centre who support people who are homeless, poorly housed or socially excluded.
- The Katherine House Christmas Novelties raised £110 and a lovely snowman that one of our patients knitted raised a further £15.00 when staff took part in a Guess The Name Competition.



## IMMUNISATION UPDATE

*Changes to infant pneumococcal vaccine schedule*

From 2020, the schedule for the infant pneumococcal conjugate vaccine (PCV) will change to a new 1 + 1 schedule.

This will comprise a single dose of PCV13 given at 12 weeks at the same time as routine DTaP/IPV/Hib/HepB and rotavirus, followed by a PCV13 booster on or after the first birthday. The new schedule will apply to all babies born on or after 1 January 2020. Babies born up to and including 31 December 2019 will remain on the current 2 + 1 schedule (at 8 and 16 weeks) and then a booster on or after their first birthday.

The new 1 + 1 schedule will actually start from late March 2020, when the first babies to be born in 2020 reach 12 weeks of age.

## SURGERY CLOSURE FOR STAFF TRAINING/MEETINGS 2020

The Practice will be closed on the following days between 1.00 to 2.00 pm for staff training and meetings: 20th January, 13th February, 16th March, 16th April 2020. **Check the website**

**For urgent medical problems that cannot wait until we re-open please telephone the NHS Out-Of**

## WHAT IS THE VACCINE KNOWLEDGE PROJECT?

The Vaccine Knowledge Project aims to be a source of independent information about vaccines and infectious diseases. We provide clear information on complex topics and back it up with references to high-quality, reliable research. All our content is aimed at the general public and designed to help people make informed decisions about vaccine issues. The content is also suitable for healthcare professionals such as health visitors, school nurses, GPs and paediatricians.

The Vaccine Knowledge Project is managed by [Oxford Vaccine Group](#), an academic research group in the Department of Paediatrics at the University of Oxford. The site is updated regularly to make sure it is as accurate as possible, and overseen by academic staff at the cutting edge of vaccine research. All medical

content is reviewed by [Professor Andrew Pollard](#), Director of Oxford Vaccine Group.

The project is run independently by academic staff at the University of Oxford and does not receive any funding from pharmaceutical companies. The project receives funding from the [NIHR Oxford Biomedical Research Centre](#) (NIHR is funded by the Department of Health) and from the [Oxford Martin School](#) at the University of Oxford. However, the funders have no strategic or editorial role in the development of the website or its content. Professor Pollard is currently chair of the [Joint Committee on Vaccination and Immunisation \(JCVI\)](#), an independent statutory body that advises the UK Department of Health on vaccination issues.

Since July 2016 the Vaccine Knowledge Project has been a member of the [World Health Organization's Vaccine Safety Net](#). This means that this website has been judged to meet the World Health Organization's criteria for providing good quality information about vaccine safety issues

**More news— Obesity rates double in two decades—**The number of people who are obese in England has almost doubled in the last twenty years from 6.9 to 13 million, according to an analysis by Diabetes UK. Achieve Oxfordshire is the County Council funded weight management service for the county. As well as offering free vouchers for Slimming World, which combines physical activity and nutritional education. Patients can be referred by health care professionals or can self refer via <https://acheiveoxfordshire.org.uk/get-started> or over the phone. The simplest way to register for one of these groups is via GP/nurse/HCA or for the client to call us on 01865 338119

## PATIENTS' PARTICIPATION GROUP (PPG)

We always welcome feedback, especially constructive ideas as to how we can maintain our service to you. **The PPG is always looking for new members.** We are particularly looking to recruit some younger members and parents of young children, so that we can fully represent the patient population. The PPG meets regularly with the Practice Manager and Dr Tucker & provides a vital link between the Practice & the patients. If you are interested in joining please e mail: [cropredy.surgery@nhs.net](mailto:cropredy.surgery@nhs.net) or leave your

Did you know: If you are referred to MSK this is via a third party company called Healthshare. We have to use this company for all MSK Referrals and

**FAX MACHINE:** Please note that the fax machine is no longer in use as these are being phased out within the NHS